

SOLUTION THERAPY



PHYSICAL THERAPY | INJURY TREATMENT
PAIN RELIEF | SPORTS THERAPY/MASSAGE

PHYSICAL THERAPY

Myofascial Release/Work
Joint Articulation/Rehabilitation
Postural Analysis
Treatment Plan/Management Plan Devised

CONDITIONS TREATED

- NECK PAIN
- LOWER BACK PAIN
- SHOULDER INJURY
- KNEE INJURIES
- HIP INJURIES
- ELBOW INJURIES

PHYSICAL THERAPY
€50
INCLUSIVE OF CONSULTATION & ASSESSMENT

SPORTS THERAPY/MASSAGE €40
INCLUSIVE OF CONSULTATION FEE

BOOK 4 TREATMENTS IN ADVANCE & ONLY PAY FOR 3

For Enquires & Bookings

JASON BRIODY CIBTAC, ITEC, IMTA

Mobile: 087 7590488 | Email: jason@solutiontherapy.ie
New Caragh Road, Naas, Co. Kildare

SUZANNE NEILL M.I.A.P.T PH.TH B.SC

www.solutiontherapy.ie

K LEISURE Reception: 045881655



ANYONE AVAILING OF TREATMENTS CAN NOW USE THE K LEISURE FACILITIES FOR JUST
€5
INCLUDES GYM AND POOL

SPORTS

THERAPY & MASSAGE

FOR THE TREATMENT AND PREVENTION OF INJURIES

- Back Pain, Shoulder Pain, Neck Pain
- Hamstring, Quad Strain
- Calf Strain, Achilles Tendon
- Stretching
- Relief from Muscle Fatigue & Stiffness
- Reduce Tension
- Increase Energy Level



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